FIGURE SKATING CLUB OF SOUTHERN MARYLAND - FSCSM



Welcome to September

September represents a time of change and action, the shift from the relaxing days of summer to the bustle of activity that autumn brings. We hope that you found time to rest and recharge this summer, because FSCSM is planning a number of events and activities for the coming months. Read on to learn about what we've done, what we're planning, and how you can get involved! And remember, if you're looking for a club home we invite you to join us. Please visit our website at <u>fscsm.org/join</u> for instructions on joining.



FSCSM Shout-outs!

Happy Birthday to our club members: Victoria - July 6 Evelyn -Adelaide (Addie) - July 7 Saniah -Corinne - July 24

Evelyn - August 4 Saniah - September 19 f 🞯

IN THIS ISSUE

- FSCSM Shout-outs
- Trunk-or-Treat Volunteers
 Needed
- Announcements:
 - FSCSM Open House Recap
 - Evolution Theatre On Ice
 - Team DMV
- Upcoming Events
- How to Choose a Figure Skating Coach
- Reminder for Broadway On Ice Photos and Videos

Congratulations to Abbagail for placing second in her Pre-Preliminary Excel competition at Hershey, and to Addie for recently passing her Intermediate Freeskate test. Way to go Abbagail and Addie! We're proud of you!



Trunk-or-Treat

On October 28, FSCSM will sponsor a Trunk-or-Treat event from 7:00-8:00pm in the parking lot of Capital Clubhouse. If you are interested in decorating your trunk and handing out candy and treats to

the trick-or-treaters, please contact Sarah Eaton at <u>fscsouthernmaryland@gmail.com</u>. And please join us afterwards for Spooky Skate Night inside Capital Clubhouse, from 8:30-10pm. For more information on the event, visit the FSCSM Facebook page -<u>https://fb.me/e/2fXKzQHtl</u>

FSCSM Open House Recap

On August 28, FSCSM held an open house event together with the Capital Clubhouse Skating Academy. The open house was designed to introduce new skaters to the Learn To Skate programs and FSCSM. It also included a Meet & Greet and skills demo with our club Advanced Figure Skating Mentors. Thank you to all who supported this event!

Evolution Theatre On Ice

On August 21, FSCSM partnered with Evolution



Theatre on Ice Company to host tryouts for the new theatre on ice team. The team incorporates skaters of all levels and ages to compete and perform locally and nationally. Congratulations to the members of this new team -- Abbagail,

Bryson, Evelyn, Genna, Kolbi, Nicole, and Sophia!

Introducing Team DMV

Four of our very own FSCSM members were recently accepted to join The Color of Ice Productions Academy **Team DMV** - Devine Motivational Visionaries. Team DMV is an all



diverse Synchronized Ice Skating Dance Team led by Rory Flack, an African American professional figure skater and former competitor. Some of the team's activities will also be televised. Congratulations to Elanza, Nia, Saniah, and Trinity for making the team!

UPCOMING EVENTS

September 2022 9/25: Club meeting, 4:15-4:45pm @ Capital Clubhouse

October 2022

10/16: <u>October Critique Session</u>, 5:25-6:35pm @ Capital Clubhouse

10/21: 2022 October Skatefest

(Gardens Competitive Series) @ Gardens Ice House, Laurel, MD

10/23: Club meeting, 4:15-4:45pm @ Capital Clubhouse

10/28: <u>Trunk-or-Treat</u> (featuring Ohana Ice) and <u>Spooky Skate</u> <u>Night</u> 7:00-10:00pm @ Capital Clubhouse

November 2022

11/27: <u>November Critique</u> <u>Session</u>. 3:30-5:15pm @ Capital Clubhouse

Food Drive (TBC) Testing (TBC)

December 2022

12/4, 12/11, 12/18: Gift Wrapping Fundraiser, 3:00-6:00pm @ Capital Clubhouse

12/9: Movie Night, 6:00-9:00pm @ Capital Clubhouse

12/11: Club meeting, 4:15-4:45pm @ Capital Clubhouse

12/18: Holiday on Ice Show - time TBC @ Capital Clubhouse

Toy Drive (TBC) Skate and photos with Santa (TBC)

January 2023 1/14: Outdoor Ice Rink Outing (TBC)

How to Choose a Private Figure Skating Coach

Private figure skating lessons can be beneficial at any level by allowing the skater to work on specific skills at their own pace. However, selecting a coach can be a confusing process. Below are some factors to consider when choosing a coach.

1 - Think of why you want a private coach. Is your skating goal to compete, test, or just have fun? Are you most interested in freestyle, synchronized skating, or ice dancing? Consider both your goal and the type of figure skating you want to do, as different coaches have different areas of expertise. Similarly, some coaches may prefer to coach competitive versus recreational skaters. Make sure your goals align with the coach's interests.

2 – Get referrals and background information on potential

coaches. Ask other skaters (and/or their parents) that use that coach how they feel about working with them. When speaking with the coach, get to know more about them, including how long they have been coaching, their skating philosophy, their past experiences, and their expectations of their students.



FSCSM club member Trinity Fowler with Coach Alexandra Rimkevitch, 2018. Photo credit: Jeffrey Fowler

3 – **Find out how much the coach charges.** Coaching prices can differ based on the coach's experience and accomplishments or where they are located. Beginner skaters may need fewer lessons per week, while advanced skaters will need more lessons. Factor in how much time you will need with the coach and how much they charge for lessons.

4 – **Make sure the personalities of the coach, parents, and skater don't clash.** Observe the coach with other students. Some coaches are strict while others are more relaxed. Some give minimal positive encouragement, while others give a lot. Make sure the coach's teaching style is one that will help the skater thrive, and that the coach's and skater's goals and expectations are a good match.

Source: Wikihow - How to Choose a Private Figure Skating Coach

Reminder - Broadway On Ice Photos & Videos

Are you looking for photos or videos from our spring Broadway On Ice show?

Photos are available for viewing and purchase at from <u>bit.ly/BroadwayOnIce</u>.

For information on purchasing the show video, contact Jeffrey Fowler at saidawg9@me.com.