

# FIGURE SKATING CLUB OF SOUTHERN MARYLAND - FSCSM



## Welcome to October

October introduces a busy time of year for FSCSM with a number of events through the end of 2022, including the Capital Clubhouse **October and November critique sessions** and **Trunk-or-Treat & Spooky Skate Night**. Read on to learn more about our upcoming events and how you can get involved! Remember, if you're looking for a club home we invite you to join us. Please visit our website at [fscsm.org/join](https://www.fscsm.org/join) for more information.

### IN THIS ISSUE

- FSCSM Shout-outs
- Trunk-or-Treat Volunteers Needed
- Did You Know?
- Announcements:
  - News from Team DMV
  - Support FSCSM via AmazonSmile
- Upcoming Events
- Tips to Consider When Buying Figure Skates



## FSCSM Shout-outs!

Happy Birthday to our club members!

Trinity - October 5  
Bonnie - October 16  
Lezael - October 23



Congratulations to Abbagail for passing both her Pre-preliminary Freeskate and Preliminary Moves in the Field tests, and to Nia for passing her Intermediate Moves in the Field test! Great job Abbagail and Nia!



## Trunk-or-Treat

On October 28, FSCSM will sponsor a Trunk-or-Treat event from **7:00-8:00pm** in the parking lot of Capital Clubhouse. If you are interested in decorating your trunk and handing out candy and treats to

the trick-or-treaters, please contact Sarah Eaton at [fscsouthernmaryland@gmail.com](mailto:fscsouthernmaryland@gmail.com). And please join us afterwards for Spooky Skate Night inside of Capital Clubhouse, from **8:30-10:00pm**. Advance registration is required. For more information, visit the FSCSM Facebook page - <https://fb.me/e/2fXKzQHtl>

## Did You Know?

**"The earliest evidence of ice skating dates to approximately 3,000 B.C.**

when inhabitants of Scandinavia and Russia filed and fashioned the shin bones of large animals such as horses, deer and sheep into skates for wintertime travel on frozen lakes and waterways."



Source: [History.com – How Figure Skating Originated—and Became a Winter Olympics Favorite](https://www.history.com/stories/how-figure-skating-originated-and-became-a-winter-olympics-favorite)

## News from Team DMV

Last month we introduced you to **Team DMV**, an all diverse Synchronized Ice Skating Dance Team that four of our very own FSCSM members were recently accepted to join. We are now pleased to announce that two of those members, Nia and Trinity, were named Captain and Co-Captain (respectively) of the team. Congratulations to Nia and Trinity!



## UPCOMING EVENTS

### October 2022

10/16: [October Critique Session](#), 5:25-6:35pm @ Capital Clubhouse

10/21: [2022 October Skatefest](#) (Gardens Competitive Series) @ Gardens Ice House, Laurel, MD

10/23: General club meeting, 4:15-4:45pm @ Capital Clubhouse

10/28: [Trunk-or-Treat](#) (featuring Ohana Ice) and [Spooky Skate Night](#), 7:00-10:00pm @ Capital Clubhouse - [Register in advance](#)

### November 2022

11/27: [November Critique Session](#), 3:30-5:15pm @ Capital Clubhouse

### December 2022

12/4: Virtual test session @ Capital Clubhouse (TBC)

12/4, 12/11, 12/18: Gift Wrapping Fundraiser, 3:00-6:00pm @ Capital Clubhouse

12/9: Skate & Photos with Santa, 7:30-10:00pm @ Capital Clubhouse

12/11: [Girls Scouts Skate](#), 1:50-3:20pm @ Capital Clubhouse - [Sign up](#)

12/11: General club meeting, 4:15-4:45pm @ Capital Clubhouse

12/16: Movie Night and Food Drive, 6:00-9:00pm @ Capital Clubhouse - [Sign up](#) by 12/13

12/18: Holiday on Ice Show, 5:00pm @ Capital Clubhouse

Toy Drive (TBC)

**Support  
Figure Skating Club of  
Southern Maryland.**

When you shop at [smile.amazon.com](https://smile.amazon.com),  
Amazon donates.

[Go to smile.amazon.com](https://smile.amazon.com)

**amazonsmile**

**Support FSCSM every time you purchase from Amazon!** Amazon will donate 0.5% of the price of eligible AmazonSmile purchases to FSCSM, just select **Figure Skating Club of Southern Maryland**. Learn more: <https://smile.amazon.com/ch/45-3695610>

# Tips to Consider When Buying Figure Skates

Buying figure skates can be a daunting process, especially when buying them for the first time. There is a lot to consider, so we've put together a list of some things to think about before you buy.

1 - How will you use your skates? Are you planning to be a recreational or competitive skater? Will you be doing jumps and complex footwork, or more basic moves? These details can help identify the type of skates (and blades) you need to buy. If you're just beginning, you can rent skates until you're ready to buy.

2 - Find the right skates for your skill and experience level. Some skates are more appropriate for beginners, while others are better for more experienced skaters. Remember to evaluate your skates as you continue developing your skating skills so that you have the correct skates for your skill level.

3 - Keep in mind how often you plan to skate. Recreational or beginner skaters may skate less often, while advanced or competitive skaters generally skate more often. If you skate frequently, you will want to invest in skates that can handle more intensive wear and tear.

4 - If the skater is still growing, rental or entry-level skates may be a better option. Many parents lament buying skates, only to have their child's foot grow soon after, requiring a new pair. However, if the skater has already begun more instructional skating (i.e., skating year-round, taking group and private lessons, and doing more involved skills including jumps, spins, and footwork), advanced-level skates and blades are needed... and are unfortunately more costly. At this level, boots and blades are often sold separately to give the best fit for an individual skater.

5 - Research different brands (e.g., Jackson, Edea, Risport, Riedell, and Graf, to name a few), read reviews, and talk to coaches and other skaters to get their thoughts. Many ice-skating rinks have skate supply stores/pro shops in-house. Go to the store to have your feet professionally measured (note that sizing can differ depending on the brand) and try on different brands. The skates should fit well and give the right amount of both support and flexibility.

Source: [How to Choose Figure Skates – A Buyer's Guide](#)

Here are some additional resources that may be helpful in choosing figure skates:

- [Skater's Landing – All Buyer's Guides](#)
- [Skater's Landing – Choosing Figure Skates](#)
- [How to Choose Figure Skating Boots & Blades](#)
- [7 Tips for Buying Your Own Skates](#)

